



# Diabetes Prevention Program 2019 Lifestyle Coach Training



## January 18<sup>th</sup> and 19<sup>th</sup>, 2019

9:00 am to 5:00 pm

SWOSU Memorial Student Union, East Ballroom  
100 Campus Drive  
Weatherford, OK 73096

**Mark your calendars for this training that will be led by a DTTAC Master Trainer Select and includes the following:**

- Two days of interactive training with a small group format
- Detailed information on program structure, goals, Prevent T2 Curriculum and the roles and skills of the Lifestyle Coach
- Hands-on practice in group facilitation techniques with feedback from peers and a DTTAC Master Trainer
- Networking with other trainees
- Opportunities to brainstorm around implementation strategies
- Two days of contact hours that exceed CDC's minimum training requirements



**TRAINING LIMITED TO 20 PARTICIPANTS!**

To register or for more information please contact:  
Sarah Yount, Pharm.D.  
Phone: 580.774.6042

